

ACTIVITY PLAN (4TH LTТА GIVE 5 – HEALTHY LIVING TOOLBOX AT OOU HRISTIЈAN KARPOSH, KUMANOVO, MACEDONIA)

| Sunday(Mar 31st) | Monday (Apr 1st) | Tuesday (Apr 2nd) | Wednesday (Apr 3rd) | Thursday (Apr 4th) | Friday (Apr 5th) | Saturday (Apr 6th) |
|--|--|--|---|--|--|--------------------|
| A R R I V A L | 9:00 Welcoming ceremony at the school | 09:00 BE FIT workshop: GYM TEAM FUN | 08:30 Cultural visit to Ohrid | Exploring Ohrid with a tour guide | 09:00 Preparation of students' presentations | D |
| | 9:30 Student workshop: Creative Bookmarkers Teachers: Presentation of the Macedonian educational system Presentation of Macedonia | 11: 00 Exploring the ancient observatory Kokino 14:00 Lunch (teachers and students) | Visit of St. John the Baptist (Bigorski) Monastery at the Mavrovo National Park Lunch at the Vevchani Waterfalls Accommodation and dinner at a hotel in Ohrid | Teachers meeting: Signing attendance sheets and the minuta 10:30 Coffee break Teachers assisting students in finishing presentations | Teachers assisting students in finishing presentations | E |
| | 10:15 Introduction to the school staff and the school | | | | | P |
| | 10:45 Coffee break | | | | | A |
| | 11:15 Vlsit of the school April Fools' Day Mask Ceremony | | | | | R |
| | 12:00 BE FIT workshop: Swimming Adventure | 17:00 BE FIT workshop: SMART FITNESS | Accommodation and dinner at a hotel in Ohrid | Lunch at St. Naum's | 13:30 / 14:00 Lunch in Kumanovo (students have lunch) | T |
| | 14:00 Lunch (students have lunch with host families) | | | 19:00 Pupils returning to host families | 17:00 Presentation of pupils' work and closing ceremony | U |
| | 16:30 Meeting with the Mayor and presentation of the BE FIT good practices | | | Dinner in Skopje for teachers (possibly at the hotel, your choice) | 19:00 Farewell dinner at the school (students and teachers) | R |
| | 18:30 Pupils returning to host families | | | | | E |
| | 19:00 Dinner in Kumanovo | 20:30 Dinner in Skopje | | | | |

